



Badlands Head Start: Prenatal to Five Newsletter



101 5th Ave. Belle Fourche, SD 57717 * Phone: 605-723-8837 * Fax: 605-723-8834

March, 2015

What's Happening?



- Mar. 17th Butte 2 Social in Newell - 2:00-4:00
- Mar. 17th Butte A & D Social in Newell
- Mar. 18th Policy Council Meeting-12:00-2:30
- Mar. 19th Kyle Social - 11:00-1:00
- Mar. 19th Oglala Social - 3:00-5:00
- Mar. 19th TREC Board Meeting-5:30-7:30
- Mar. 23rd Butte B & E Belle Social - 2:30-4:30
- Mar. 26th Butte Center/Butte 1 Social - 5:00-7:00
- Mar. 26th Kyle Social - 11:00-1:00
- Mar. 26th Oglala Social - 3:00-5:00
- Mar. 30th Butte 2 Social - Newell - 4:00-6:00
- Mar. 31st Butte A & D Social - Belle 4:00-6:00
- Apr. 15th Policy Council Meeting-12:00-3:00
- Apr. 15th Health Service Advisory Meeting-12:00-1:00
- April 16th TREC Board Meeting-5:30-7:30
- April 17th ALL Staff

Executive Director: mbevier@badlandshs.org
 Education/Disabilities Specialist: cvoorhis@badlandshs.org
 Family Community Specialist Email: wduinn@badlandshs.org
 Health, Nutrition, Safety Specialist: mwolf@badlandshs.org
 Mental Health Specialist: rfunk@badlandshs.org
 Web Site: <http://badlandshs.org/>

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The Roots of Respect

Does your child know what respect is? You can try strategies like these to help him understand what respect feels like, looks like, and sounds like. He'll learn to treat others the way he'd like to be treated.

Feels like...

Talk about people you respect, and explain why you feel that way. Perhaps you respect your youngster's grandparents because they have worked hard for many years. Then, ask your child who he respects. He might say his teacher because she knows a lot.

Looks like...

When you read to your youngster, have him be on the lookout for respectful people. Maybe he'll see a knight bowing to a queen in a fairy tale or an athlete shaking hands with an opponent in a biography. Idea: Suggest that your child draw a picture of himself being respectful. For example, he shows respect by standing for the national anthem at sporting events (respect for country) or moving a turtle to the side of the driveway (respect for nature).

Sounds like...

You are your youngster's best example – and the one he's most likely to imitate. Make a point of using polite words like please, thank you, and excuse me, and encourage him to do the same. Try to remind him quietly when he forgets. He will hear you showing respect for him even when he makes a mistake.

Taken from Early Years



BOOKS, BOOKS, BOOKS!

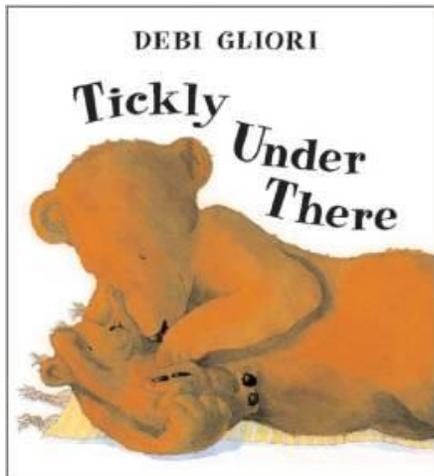
If you want to succeed, read!



Your Parent Resource Library is a wealth of information!

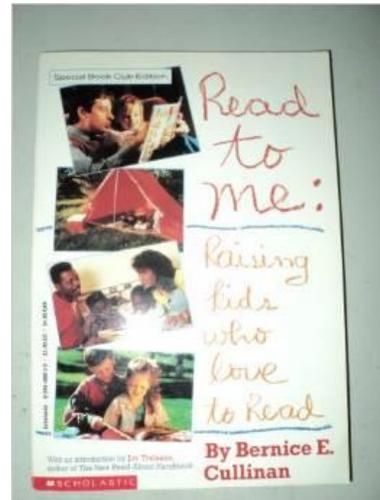
We will be highlighting a book, DVD, or other resource from the Parent Library each newsletter. Check out a book or other resource and let us know if there is a book or resource we should add to the Parent Library! *(Not all materials listed are at all sites.)*

Wanda Dunn, Family Community Specialist



Laugh out loud with Mr. Bear and his ticklish cub in this endearing board book for the very young.

Author: Debi Gliori



By: Bernice E. Cullinan

How can you find the time to expand your child's imagination?

How can you teach your child to love books?

How can you help your child do better in school when you are a busy parent?

READ TO ME!

Now highly acclaimed reading specialist Bernice E. Cullinan, professor of Early Childhood and Elementary Education at New York University answers all of these questions and more. This accessible and informative guidebook to reading aloud includes important tips on:

- When to start reading to your child
- How to use television wisely
- How to make a reader out of your child
- How to make a writer out of your child

Plus an expanded list of surefire hit read-aloud books for preschoolers to preteens.

By reading aloud, you can give your child a head start in life. Use this book today to help you give him/her the lifelong treasure of reading.

Cook's Corner



No-Bake Granola Bars

2 ½ cups	Rice Krispie's cereal
1 ½ cups	Quick-cooking oats
1 cup	Dried cranberries or dried mixed fruit
¾ cup	Creamy Peanut Butter
½ cup	Honey
¼ cup	packed dark brown sugar

LINE 13x9 inch pan with foil, with ends of foil extending over sides

COMBINE first 3 ingredients in large bowl.

MICROWAVE remaining ingredients in bowl on HIGH 1 min.; stir. Add to cereal mixture; mix well. Press onto bottom of prepared pan.

COOL 30 min. Remove from pan before cutting into bars.

Special Extra: Add 1 c. semi-sweet chocolate chips to cereal mixture before mixing w/peanut butter mixture.

Harding and Perkins News

Greetings from the northern counties of Harding and Perkins!

Lemmon center has been combatting the cold weather by utilizing the armory next door. They have enjoyed the large space while working their large motor skills by playing ball, running, using the parachute and other gross motor activities. In the classroom, the students are writing and illustrating story books, working on letter and number recognition and exploring bubbles.

Bison center has been learning about hibernation and friendships, as well as letter and number recognition and writing skills in the classroom. The students enjoyed a trip to the library where they got to pick out new books for the center.

Home visitors have been busy incorporating gross motor skills into their home visits in order to promote movement despite the cold weather outside. Pre-kindergarten skills continue to be worked on during visits as well as at socials.

March 2nd, marks the birthday of one of my favorite authors, so I will leave you with a few words of his wisdom...

TOP FIVE LIST OF DR. SEUSS QUOTES



"You have brains in your head. You have feet in your shoes. You can steer yourself, any direction you choose." Dr. Seuss

"Today you are you, that is truer than true. There is no one alive who is youer than you." Dr. Seuss

"Don't cry because it's over. Smile because it happened." Dr. Seuss

"If you never did, you should. These things are fun, and fun is good!" Dr. Seuss

"Sometimes the questions are complicated and the answers are simple." Dr. Seuss

Ruth Adams – Area Services Manager



April 13th through April 18th, 2015

Music Monday: Sing, dance, celebrate, and learn

Through music, children develop math, language, and literacy skills – and of course, have fun while being active! In their popular song, Thingamajig, Luck Diaz and the Family Jam Band use some very unusual words! For Music Monday we invite you to sing and dance along to this hit. Have fun making up your own verses and dance moves.

Taco Tuesday: Healthy eating and fitness at home and school

This fun, food-themed day is more than just cheese and salsa. With the rise in childhood obesity, teachers and families can encourage healthy nutrition and fitness habits at home and in the classroom. Cooking together connects math with literacy skills, science, and more. On Taco Tuesday create your own healthy tacos.

Work Together Wednesday: Work together, build together, and learn together

When children build together they explore math and science concepts and develop their social and early literacy skills. This Week of the Young Child, work together and build something today! Kids can use any building material – from a fort of branches on the school playground, a block city in the classroom, a hideaway made from couch pillows at home, to a Lego creation.

Artsy Thursday: Think, problem solve, create

Children develop creativity, social skills and fine muscles with open-ended art projects where they can make choices, use their imaginations and create with their hands. On Artsy Thursday celebrate the joy and learning children experience when engaged in creative art making. Use any materials – from crayons to paint, clay to crafts!

Family Friday: Sharing family stories

Engaging and celebrating families is at the heart of supporting our youngest learners: families! NAEYC applauds you as your child's first and most important teachers.

Submitted by: Wanda Dunn – Family Community Partnership Specialist

10 Prop Boxes for Learning: Bringing the Spirit of Learning Centers Home

Many preschool classrooms include learning centers (for example, a writing center, a science center, and a water table) where children use hands-on materials to explore, play, and learn about specific topics. Bring the spirit of learning centers into your home with prop boxes – plastic bins or cardboard shoe boxes you fill with materials and props related to one topic such as math or writing.

1. **Blocks.** Store proportional wooden blocks or colorful pattern blocks in plastic tubs, along with clipboards, paper, and crayons. Children can create buildings and roads, and then make signs to go with them.
2. **Pretend play.** Fill a box with clothes such as dresses, shirts, and suit jackets. Add accessories like hats, scarves, neckties, bags, and jewelry to make children’s pretend play more exciting and elaborate. You could create separate prop boxes for different play themes – for example, a small briefcase, notebooks, paper, and pens for a prop box related to office play. Let the children’s interests and imaginations guide their selection of clothes and props.
3. **Art.** Keep a box handy with different types of paper and drawing and painting materials. Add safety scissors and paste, so children can make collages or experiment with other art techniques.
4. **Math.** Include board games and puzzles. Add empty, clean, egg cartons or ice cube trays and materials for sorting, like buttons or old bottle tops. Add materials that children can use in inventing their own games – paper, crayons, and dice, along with pennies or buttons to use as player pieces. Add a ruler, a tape measure, and other items for measuring size and distance.
5. **Reading.** Store fiction and nonfiction books and magazines your child will enjoy in a basket that can be carried around the house or even outdoors. At bedtime your child can move the book basket near his bed for easy bedtime reading. You might also set aside a shelf in your child’s room or make space on the bookshelf where you store your reading materials.
6. **Writing center.** Fill a basket with paper, markers, notebooks, pens, pencils, envelopes, ruler, stationery, and note cards. Your child can set up the writing center wherever he/she wants to write.
7. **Water play.** The bathtub and the kitchen sink are logical locations. But a small basin on the floor can also work (place the basin on a towel with a plastic trash bag spread beneath it to catch spills). Fill a plastic container with props such as sponges, basters, colanders, strainers, pitchers, tongs, and so on.
8. **Cooking.** Store a child-size apron, a collection of favorite recipes, and unbreakable bowls and utensils in a kitchen drawer or bottom cupboard. Invite your children to join in while you prepare meals and snacks. Get them in the habit of washing their hands before and after handling foods.
9. **Music.** Use oatmeal containers, old yogurt cups, and other materials you have on hand to make homemade instruments (like a rainstick or a drum) with your children. Store these instruments in a box and add other items, like castanets or maracas. Children love to create music while singing with family members or making up silly songs together.
10. **Science.** Make science a routine activity by filling a box with a few investigation tools, such as magnets, prisms, a magnifying glass, and binoculars, along with a clipboard, paper, and crayons or pencils. Take a walk to collect natural items, and then invite the children to investigate them using the tools. Ask questions such as “What do you think might happen?” to help them observe and make predictions.

Label the prop boxes with words and a picture or photo of what’s inside, so children can easily identify the one they want to use. Store the boxes in a closet or even under a bed – wherever it makes sense in your home, as long as you and your child can reach them readily. If your child has never experienced an activity such as water play, introduce him to the activity and model the use of materials in the prop box by playing along for a while.

Take cues from your child. If she wants to write or draw, bring the appropriate prop box to a table and let her explore and make her own discoveries. The same goes for music or playing with math materials.

One final thought: you can ask your child’s teacher about prop boxes. She may suggest supporting your child’s learning at home by repeating the kinds of activities your child enjoys at the program.

Eight Tips for Creating Homemade Books

Does your infant or toddler enthusiastically point out images of herself on your computer? Does your preschooler ask you to repeat stories about him/her over and over? A powerful way to interest young children in reading books is to make books about their routines, families, life events and vacations. It's a keepsake for you and a conversation starter for your child. It's also an inexpensive way to help your child learn to love books.

Here are some tips for homemade book making:

1. Include photos of familiar people and objects to connect the book's contents with real life. Take pictures of family members, your child's favorite toys, and other familiar things to help your children talk and learn more about their world.
2. Keep it simple and short. A few photos on white pages with simple text make the book easy for a young child to follow. Clip art, stickers and scrapbooking decoration can be distracting. Keep the page content minimal.
3. Very young children find it hard to turn thin paper pages. You can buy thicker card stock at most stationary stores and glue your own images over cardboard pages. Using lamination or plastic page protectors are other ways to make pages thicker.
4. Preschoolers may enjoy co-authoring books with you. They can draw pictures and dictate text. You can ask questions to encourage them to add more ideas and you can write down what they say. Writing together helps children feel their stories are worthwhile and coaches them to think about the components of storytelling such as the concept of beginning, middle and end. You are also showing them that written words have meaning to people.
5. Children enjoy being able to predict what's next. Repetition and rhyme help children with this skill. You can even make your book similar to your child's favorite book. For example, if Thomas loves Brown Bear you could write, "Thomas, Thomas, what do you see?"
6. Choose your topic based on your child's needs and interests. If you are moving, make a book about moving. If your child is anxious about the daily routine, make a book about that. If your child loves trains, make a book about your visit to the train station.
7. Read your book with your child. Ask open-ended questions about the people, places and stories on the pages.

Be playful. Show your child that books and learning are fun!

Introduction of New Staff



Jennifer Opbroek
Assistant Teacher
Belle Fourche Center



Julie Kammerer
HS Teacher/Home Visitor
Bison



Kay Kornemann
HS Home Visitor
Butte County