



TREC BADLANDS
HEADSTART:
PRENATAL TO FIVE

HEALTH SCREENINGS AND REQUIREMENTS

WITHIN 45 DAYS OF ENROLLMENT:

- ◇ VISION SCREENING
- ◇ HEARING SCREENING
- ◇ DEVELOPMENTAL SCREENING
- ◇ SOCIAL-EMOTIONAL SCREENING

Badlands Head Start: Prenatal to Five will be able to complete these screenings if it has not been done by a health care professional. If it has been done within the last 30 days we will need to see the documentation. Head Start follows the South Dakota State guidelines (EPSDT) for well child checks, dental exams and immunizations. These guidelines were developed at the federal level to ensure that all children are healthy, and ready to learn. Any health concerns will be detected early and corrected early.

WITHIN 90 DAYS OF ENROLLMENT AND YEARLY:

- ◇ PHYSICAL EXAM
- ◇ LEAD TEST AT 12 MONTHS AND AGAIN AT 24 MONTHS. IF YOU HAVE PROOF A LEAD TEST WAS COMPLETED AT AGE TWO OR ABOVE THE REQUIREMENT HAS BEEN MET.
- ◇ DENTAL EXAM FOR ALL CHILDREN ABOVE THE AGE 1.

Teeth if not cared for can make a child very sick. A dental exam will begin a regular pattern of good oral hygiene and dental care. All enrolled children should have regularly scheduled well child exams. A physical needs to be done within 90 days of en-

try into the program. It is a requirement of our program to follow-up on any identified health needs and to document in the file that treatment was completed. The health team will notify parents of an identified health needs and make recommendations for follow-up, The health team is also available to answer questions and to assist you in making arrangements to complete the health requirements. Head Start wants to help your child down a long, happy healthy road to learning. The health team welcomes you to another year with Head Start.

HEALTH NEWSLETTER NEWS YOU CAN USE

AUGUST/SEPTEMBER 2014

QUOTE FOR THOUGHT:

CHILDREN ARE THE WORLD'S MOST VALUABLE RESOURCE AND ITS BEST HOPE FOR THE FUTURE.

John Fitzgerald Kennedy

2014-2015 HEALTH SCREENING SCHEDULE

AUGUST 12: BUFFALO CLINIC BASEMENT 9-3

Buffalo Clinic will do physicals free after screening only on Aug 12.

AUGUST 13: BISON ELEMENTARY SCHOOL 9-3

Bison Clinic has a sliding scale fee for physicals

AUGUST 14: LEMMON HEAD START CENTER

7:30-12:00. Physicals can be done at Lemmon Clinic for same fee as last year

SEPTEMBER 16: EARLY HEAD START AT BELLE SOCIAL SITE. 8:00-5:00
If your child is a returning

child they will need to be screened unless they are having problems. Even if you child does not need screening stop in and say Hello!! Love to see you

OCTOBER 14: OGLALA BROTHER RENEE HALL 9:00-4:00

OCTOBER 15: PINERIDGE SACRET HEART 9:00-4:00

CIRCLE OF SMILES AND DR. MARK BUTTERBRODT WILL ATTEND THE SCREENINGS IN OGLALA, PINERIDGE AND KYLE FOR DENTAL SCREENS AND PHYSICALS.

LOOKING FORWARD TO SEEING ALL OF YOU!

PEDESTRIAN SAFETY TIPS

- Talk to your kids about how to be safe while walking. It's always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks.
- Teach kids at an early age to put down their devices and then look left, right and left again when crossing the street.
- Children under 10 should cross the street with an adult. Every child is different, but developmentally, it can be hard for kids to judge speed and distance of cars until age 10..
- Remind kids to make eye contact with drivers before crossing the street and to watch out for cars that are turning or backing up.
- When driving, be especially alert in residential neighborhoods and school zones and be on the lookout for bikers, walkers or runners who may be

distracted or may step into the street unexpectedly.
- See more at: <http://www.safekids.org>



RECIPE OF THE MONTH

Note: This recipe, created by Breeze Petty of Wyoming, won a national contest and was served at a White House lunch for kids. Her zucchini cornbread was served at the White House! (If you try this recipe, get a grownup's help because it requires using the oven.)

Prep time: 45 minutes

What you need:

- ½ cup unbleached all-purpose flour
- 1½ cups cornmeal
- ¼ cup sugar
- 1 teaspoon baking soda
- ½ teaspoon salt
- 1 cup plain nonfat yogurt
- 2 large eggs, beaten
- 1 cup shredded zucchini
- Cooking spray

What to do:

Preheat the oven to 400°F (204°C).
Spray the pan with cooking spray.
In a large bowl, whisk together the flour, cornmeal, sugar, baking soda, and salt.
Stir in the yogurt, eggs, and shredded zucchini. Be careful not to over-mix — stir only until just blended.
Pour the batter into the prepared pan.
Bake for 20-25 minutes, until the center springs back when gently pressed.

TREC BADLANDS HEAD START PRENATAL TO FIVE

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MISSION STATEMENT

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Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new prod-

uct.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So,



Caption describing picture or graphic.

when you're finished writing your newsletter, convert it to a Web site and post it.

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or

an editorial. You can also profile new employees or top customers or vendors.

"To catch the reader's attention, place an interesting sentence or quote from the story here."

Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you're trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols. Once you have chosen an image, place it close to



Caption describing picture or graphic.

the article. Be sure to place the caption of the image near the image.

Business Name

Primary Business Address

Address Line 2

Address Line 3

Address Line 4

Phone: 555-555-5555

Fax: 555-555-5555

E-mail: someone@example.com

Business Tagline or Motto



Organization

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all

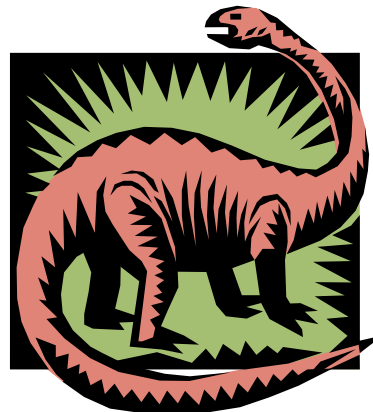
employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a bi-annual charity auction.

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.



Caption describing picture or graphic.

If space is available, this is a good place to insert a clip art image or some other graphic.